



## Consent & Medical Declaration Form - Under 21s

Please complete this form in BLOCK CAPITALS.

### 1. Child's Details (Must be completed by Parent/Guardian of child or young person under 21 years of age)

Child's name: \_\_\_\_\_  
Home address: \_\_\_\_\_  
Postcode: \_\_\_\_\_ Date of birth: \_\_\_\_\_

### 2. Parent or guardian's details

Name: \_\_\_\_\_  
Address (if different): \_\_\_\_\_  
Postcode (if different): \_\_\_\_\_ Connection to child: \_\_\_\_\_  
Telephone number: \_\_\_\_\_ Mobile number: \_\_\_\_\_

### 3. Emergency contact details (if not Parent/Guardian)

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Postcode: \_\_\_\_\_ Connection to child: \_\_\_\_\_  
Telephone number: \_\_\_\_\_ Mobile number: \_\_\_\_\_

### 4. Medical details

Child's GP: \_\_\_\_\_  
Address: \_\_\_\_\_  
Postcode: \_\_\_\_\_  
Telephone number: \_\_\_\_\_

### 5. Does your child have a disability that Forest Skills Ltd should know about?

Yes / No (Please delete as appropriate)

If yes, please provide details of the disability including any help which your child may need.

### 6. Does your child have any existing injuries or suffer from any medical conditions?

Yes / No (Please delete as appropriate)

If yes, please provide details of the existing injury/medical condition including any help which your child may need.

### 7. Does your child currently take/need any medication?

Yes / No (Please delete as appropriate)

If yes, please provide details of the medication.

8. Does your child suffer from any allergies?

Yes / No (Please delete as appropriate)

If yes, please provide details of the type of allergy and the medication used to control the allergy.

9. Is there any other relevant information about your child which you would like to share? (e.g. specific religious or dietary needs, child's fears, needs related to their age, development or circumstances)

10. Given the very nature of the activities run by Forest Skills Ltd, there is the possibility that your child may receive some minor scrapes and bruises. Please confirm whether you will require to be immediately advised should your child receive any minor scrapes or bruises?

Yes / No (Please delete as appropriate)

**Declaration (to be completed and signed by the Parent/Guardian)**

- I agree to my child taking part in the event/sessions being run by Forest Skills Ltd.
  - I confirm that my child is fit to undertake the activities included within this event.
  - I accept that the activities contain hazards that may result in injury, and that I accept the risks involved and shall be responsible for the actions and/or involvement of my child.
  - I agree to my child abiding by any rules set by the Instructors or Assistants, including those given during safety briefings. (Please note that these may include the tying back of long hair, removal of jewellery, removal or hiding of "dangly clothing" - e.g. hoodie drawstrings).
  - I confirm that following the safety briefings my child will have been briefed on the risks involved in the activities.
  - In the event of an emergency, I consent for any medical treatment that my child may need prior to my arrival.
  - I agree to my child being transported in a Forest Skills Ltd staff members vehicle to receive medical attention if required.
  - I agree to my child being photographed &/or filmed with the possibility that these photographs/media recordings may be used in publications &/or for marketing & publicity by Forest Skills Ltd.
  - **I confirm that my child will attend every event/course;**
- 1. wearing trousers and stout footwear (e.g. Wellington/walking boots). Skirts, ballet pumps, etc are NOT to be worn.** (We recommend wearing long sleeves (especially in summer) as this will provide protection against biting insects and stings. Please don't wear denim as it is slow to dry should it get wet, and can lead to a significant cooling of the body).
  - 2. with a sweater & waterproof clothing.** (Even during summer months it can be surprisingly cool in woodland environments).
  - 3. with a bag labelled with their name containing spare clothing** consisting of socks, trousers & sweater. (Clothing often gets wet & muddy.)
  - 4. on bright and sunny days, having already had sun cream applied and bring with them a sun hat.** (Forest Skills Ltd staff & Assistants will not apply sun cream to Children or Young Persons).
  - 5. on cold days, have warm clothing (e.g. hat and gloves).**

Signature: \_\_\_\_\_

Print name: \_\_\_\_\_

Date: \_\_\_\_\_

Finally, we'd really like to add you to our newsletter distribution list so that we can keep you informed about future activities, courses & competitions.

If you'd like to receive our newsletter please provide your email address here; \_\_\_\_\_

**Important information for Parents/Guardians**

Forest Skills Ltd aims to provide a safe and enjoyable experience for everyone. To help in providing this quality service please note the following important information.

- **All questions must be completed and the form signed by the Parent/Guardian before any child/young person under the age of 21 can take part in the event/course. They will be refused entry if this form is not fully completed (including being signed) and presented before the start of the first event/course. There will be no exceptions to this rule. Should your child be refused entry no refund will be due or paid.**
- **Please note that if your child attends an event/course without the proper clothing (see above) they will be refused entry. There will be no exceptions to this rule. Should your child be refused entry no refund will be due or paid.**
- Parents/Guardians must ensure that they make their own arrangements for children/young persons to arrive at & leave the session. Please note that Forest Skills Ltd, Staff and Assistants will not be responsible for children outside the times of their event/session. Children/young persons should therefore arrive and depart at the appropriate times.
- Parents/Guardians must ensure that any changes to the information given on this form are notified to the Forest Skills Ltd event/course Leader prior to the commencement of the event/course.
- The information given on this form will only be used by Forest Skills Ltd and will be held in the strictest confidence. Forest Skills Ltd are registered with the Information Commissioners Office (registration number Z3457831).
- Forest Skills Ltd, its Staff or Assistants cannot take responsibility for any lost or damaged clothing/personal items during the sessions. Please ensure your child does not wear or have anything with them that should remain clean, dry or protected.
- Please ensure your child has sufficient clothing, sun screen and medication (where appropriate) for the duration of the event/session.
- Should your child need to change into their spare clothing, they will be requested to do this in privacy away from the main group.